



1  
00:00:05,030 --> 00:00:02,950  
station this is isa piao from the

2  
00:00:09,110 --> 00:00:05,040  
national space center in leicester how

3  
00:00:12,070 --> 00:00:10,629  
hello everyone at the national space

4  
00:00:13,669 --> 00:00:12,080  
center in leicester this is the

5  
00:00:18,710 --> 00:00:13,679  
international space station and i hear

6  
00:00:25,029 --> 00:00:20,950  
great to see you jim i leave now the

7  
00:00:30,630 --> 00:00:27,509  
hello tim welcome again from leicester

8  
00:00:32,470 --> 00:00:30,640  
obviously home of the national space

9  
00:00:34,549 --> 00:00:32,480  
center we have hundreds of members of

10  
00:00:35,910 --> 00:00:34,559  
the public here and students but of

11  
00:00:37,830 --> 00:00:35,920  
course for us it's a really exciting

12  
00:00:49,510 --> 00:00:37,840  
time because leicester is home of the

13  
00:00:53,670 --> 00:00:51,029

yeah you guys have certainly got an

14

00:00:55,430 --> 00:00:53,680

awful lot to celebrate down there and uh

15

00:01:00,709 --> 00:00:55,440

it's great joining you uh today in

16

00:01:05,030 --> 00:01:02,389

tim i'm delighted that we have this

17

00:01:06,469 --> 00:01:05,040

opportunity i know that time is tight um

18

00:01:08,550 --> 00:01:06,479

one of the first things i just wanted to

19

00:01:10,710 --> 00:01:08,560

thank you for i've got on stage with me

20

00:01:13,350 --> 00:01:10,720

here i've got a high altitude pressure

21

00:01:15,350 --> 00:01:13,360

suit and i've also got the backup flight

22

00:01:16,550 --> 00:01:15,360

kit for the experiments you did for us

23

00:01:19,030 --> 00:01:16,560

because from the national space

24

00:01:21,270 --> 00:01:19,040

academy's perspective we'd like to thank

25

00:01:23,590 --> 00:01:21,280

you for doing those experiments and from

26

00:01:26,149 --> 00:01:23,600

fai's perspective for aeronautics and

27

00:01:28,230 --> 00:01:26,159

astronautics we'd like to thank you for

28

00:01:31,030 --> 00:01:28,240

the inspiration you've been giving to to

29

00:01:32,550 --> 00:01:31,040

students across the united kingdom

30

00:01:34,789 --> 00:01:32,560

it's a great opportunity for us and i'd

31

00:01:37,429 --> 00:01:34,799

just like to start with with looking at

32

00:01:39,429 --> 00:01:37,439

five months into your mission tim um as

33

00:01:41,590 --> 00:01:39,439

somebody who started as a as a test

34

00:01:43,830 --> 00:01:41,600

pilot and has now become an astronaut

35

00:01:49,109 --> 00:01:43,840

how did you find that change from

36

00:01:53,030 --> 00:01:50,630

do you know it's a good question anu and

37

00:01:55,830 --> 00:01:53,040

it's been an incredible experience a

38

00:01:58,069 --> 00:01:55,840

fascinating journey and i've been amazed

39

00:01:59,830 --> 00:01:58,079

at the the transition and actually how

40

00:02:02,389 --> 00:01:59,840

easy the transition has been there are

41

00:02:04,950 --> 00:02:02,399

so many things that i have learned uh

42

00:02:06,709 --> 00:02:04,960

being a pilot and an instructor pilot

43

00:02:08,949 --> 00:02:06,719

and then a test pilot i think in

44

00:02:11,589 --> 00:02:08,959

particular coming from the aviation

45

00:02:13,270 --> 00:02:11,599

community you bring an awful lot to uh

46

00:02:15,190 --> 00:02:13,280

to being an astronaut many of the things

47

00:02:16,470 --> 00:02:15,200

that we deal with here in space are very

48

00:02:18,790 --> 00:02:16,480

similar to things that we're used to

49

00:02:21,110 --> 00:02:18,800

dealing with in the aviation industry

50

00:02:23,670 --> 00:02:21,120

and certainly i approach my job here as

51  
00:02:25,750 --> 00:02:23,680  
an astronaut still with my test pilots

52  
00:02:28,150 --> 00:02:25,760  
head on everything we do up here it's

53  
00:02:30,390 --> 00:02:28,160  
cutting edge technology we're developing

54  
00:02:32,390 --> 00:02:30,400  
new systems we're using new materials

55  
00:02:34,150 --> 00:02:32,400  
we're coming up with new techniques and

56  
00:02:35,509 --> 00:02:34,160  
in order to improve and to move forward

57  
00:02:41,910 --> 00:02:35,519  
it's good to have that kind of test

58  
00:02:47,670 --> 00:02:44,630  
tim one of fai's most prestigious awards

59  
00:02:49,430 --> 00:02:47,680  
is the comma of diploma which this year

60  
00:02:51,430 --> 00:02:49,440  
we've just announced it's been awarded

61  
00:02:53,190 --> 00:02:51,440  
to two of your your former crewmates on

62  
00:02:54,949 --> 00:02:53,200  
the space station scott kelly and

63  
00:02:57,110 --> 00:02:54,959

mikhail kornienko for their completion

64

00:02:59,509 --> 00:02:57,120

of the year in space mission um i just

65

00:03:01,589 --> 00:02:59,519

wanted to share your thoughts on on

66

00:03:03,350 --> 00:03:01,599

this long duration space flight and how

67

00:03:06,949 --> 00:03:03,360

important it is if we're ultimately

68

00:03:12,229 --> 00:03:09,030

yeah i'm absolutely delighted for scott

69

00:03:14,550 --> 00:03:12,239

and mikhail to to uh and receive that uh

70

00:03:17,350 --> 00:03:14,560

very well deserved honor and it was a

71

00:03:19,589 --> 00:03:17,360

huge privilege for me to serve on board

72

00:03:21,830 --> 00:03:19,599

the space station under scott's uh

73

00:03:23,830 --> 00:03:21,840

leadership and with mikhail as well they

74

00:03:25,589 --> 00:03:23,840

were both excellent crewmates and really

75

00:03:27,030 --> 00:03:25,599

taught me an awful lot and one of the

76

00:03:28,710 --> 00:03:27,040

things that struck me

77

00:03:30,949 --> 00:03:28,720

you know spending the last kind of three

78

00:03:34,550 --> 00:03:30,959

months of their one-year mission was

79

00:03:36,710 --> 00:03:34,560

just how good they were in terms of

80

00:03:39,190 --> 00:03:36,720

obviously being extremely professional

81

00:03:41,030 --> 00:03:39,200

but also in great physical shape

82

00:03:43,110 --> 00:03:41,040

great mental shape as well and it really

83

00:03:44,869 --> 00:03:43,120

just proved to me that of course we can

84

00:03:46,149 --> 00:03:44,879

live and work in space for as long as we

85

00:03:49,030 --> 00:03:46,159

need to these missions that we're

86

00:03:51,430 --> 00:03:49,040

working on to to mars uh the human

87

00:03:53,110 --> 00:03:51,440

element the human physiology element uh

88

00:03:55,190 --> 00:03:53,120

i think we've nailed it we really have

89

00:03:56,390 --> 00:03:55,200

and we've got lots of techniques now as

90

00:03:57,910 --> 00:03:56,400

to how to deal with living in

91

00:04:00,550 --> 00:03:57,920

microgravity we've still got some

92

00:04:02,390 --> 00:04:00,560

technical challenges to overcome and and

93

00:04:04,070 --> 00:04:02,400

we're working on those but it really is

94

00:04:05,990 --> 00:04:04,080

you know the next steps to the moon to

95

00:04:12,229 --> 00:04:06,000

mars and beyond are well within our

96

00:04:16,150 --> 00:04:13,670

tim i want to take this opportunity now

97

00:04:19,590 --> 00:04:16,160

to hand over to some students who've got

98

00:04:23,830 --> 00:04:21,590

hiya tim uh my name is thomas from

99

00:04:25,749 --> 00:04:23,840

robert gordon's college aberdeen and my

100

00:04:27,990 --> 00:04:25,759

question is following the chip in the

101

00:04:33,590 --> 00:04:28,000

cupola have you personally seen any

102

00:04:36,870 --> 00:04:35,350

hi thomas yeah you know i should have

103

00:04:38,870 --> 00:04:36,880

pointed out that chip in the cupola

104

00:04:40,629 --> 00:04:38,880

window was there when i first arrived

105

00:04:42,790 --> 00:04:40,639

but having said that of course the space

106

00:04:45,590 --> 00:04:42,800

station does get struck by micro

107

00:04:46,950 --> 00:04:45,600

meteorites um and they they can't be

108

00:04:48,710 --> 00:04:46,960

tracked really they're too small to be

109

00:04:50,310 --> 00:04:48,720

tracked but we have lots of um

110

00:04:52,230 --> 00:04:50,320

mechanisms on the space station to

111

00:04:54,870 --> 00:04:52,240

protect us from those small pieces of

112

00:04:57,350 --> 00:04:54,880

debris um we don't actually see any of

113

00:04:59,030 --> 00:04:57,360

the debris up here and actually when i

114

00:05:00,469 --> 00:04:59,040

when i look at the cupola window as well

115

00:05:02,469 --> 00:05:00,479

it's very hard even to see other

116

00:05:03,830 --> 00:05:02,479

satellites but when i look back at the

117

00:05:06,150 --> 00:05:03,840

videos that i've taken and the

118

00:05:09,029 --> 00:05:06,160

time-lapse photographs i can see

119

00:05:11,350 --> 00:05:09,039

satellites moving around in the uh in

120

00:05:13,350 --> 00:05:11,360

the sky so um in terms of being able to

121

00:05:15,749 --> 00:05:13,360

visibly see debris no we can't but we

122

00:05:22,230 --> 00:05:15,759

can see the impact that debris has had

123

00:05:25,430 --> 00:05:23,830

thank you tim and now for our next

124

00:05:27,830 --> 00:05:25,440

question

125

00:05:29,830 --> 00:05:27,840

hi sim my name is adam rogero and i'm

126

00:05:31,990 --> 00:05:29,840

i'm from cascallen high school my

127

00:05:37,110 --> 00:05:32,000

question is which has been your favorite

128

00:05:41,909 --> 00:05:39,270

that's a good question um although it's

129

00:05:43,270 --> 00:05:41,919

a tough one for me to answer because um

130

00:05:45,110 --> 00:05:43,280

you know five months into the mission

131

00:05:47,830 --> 00:05:45,120

now we're we're welling well well over

132

00:05:51,029 --> 00:05:47,840

200 experiments down for expedition 46

133

00:05:52,870 --> 00:05:51,039

and 47. some of the more exciting ones

134

00:05:54,950 --> 00:05:52,880

have been the ones that we have a lot of

135

00:05:56,710 --> 00:05:54,960

practical interest in as well for

136

00:05:58,309 --> 00:05:56,720

example the airway monitoring experiment

137

00:06:00,469 --> 00:05:58,319

the first time we used the space

138

00:06:03,270 --> 00:06:00,479

station's airlock as a hyperbaric

139

00:06:05,189 --> 00:06:03,280

chamber investigating our own airway

140

00:06:06,550 --> 00:06:05,199

inflammation in using nitric oxide as an

141

00:06:08,309 --> 00:06:06,560

indicator for that so some

142

00:06:09,990 --> 00:06:08,319

groundbreaking techniques there that

143

00:06:12,550 --> 00:06:10,000

will help people on earth who suffer

144

00:06:14,629 --> 00:06:12,560

from asthma um so that that really for

145

00:06:15,990 --> 00:06:14,639

me was a very exciting experiment to to

146

00:06:18,629 --> 00:06:16,000

be involved in

147

00:06:21,029 --> 00:06:18,639

and also things such as flame combustion

148

00:06:29,430 --> 00:06:21,039

experiments as well it's fascinating to

149

00:06:33,909 --> 00:06:31,430

tim just for launch there was a great

150

00:06:35,270 --> 00:06:33,919

shout out for you from mella primary

151

00:06:37,189 --> 00:06:35,280

school here in leicester just down the

152

00:06:40,469 --> 00:06:37,199

road and so the next question is from

153

00:06:45,189 --> 00:06:42,950

hi tim my name is shreya and i'm from

154

00:06:47,510 --> 00:06:45,199

mella community primary school and my

155

00:06:49,830 --> 00:06:47,520

question to you is which is more

156

00:06:53,830 --> 00:06:49,840

beautiful daytime earth or night time

157

00:06:57,909 --> 00:06:55,990

hi freya uh got another difficult

158

00:07:00,469 --> 00:06:57,919

question to answer because they're both

159

00:07:02,629 --> 00:07:00,479

stunning some of the things i love at

160

00:07:04,710 --> 00:07:02,639

the night time are thunderstorms and the

161

00:07:06,629 --> 00:07:04,720

aurora and we've really been quite lucky

162

00:07:09,589 --> 00:07:06,639

the the we've had a lot of solar

163

00:07:11,110 --> 00:07:09,599

activity during this mission and i

164

00:07:13,110 --> 00:07:11,120

thought i wouldn't see that much of the

165

00:07:15,270 --> 00:07:13,120

aurora but we've been spoiled i see it

166

00:07:17,749 --> 00:07:15,280

more often than not um and also the

167

00:07:19,589 --> 00:07:17,759

aurora australis which is is beautiful

168

00:07:21,670 --> 00:07:19,599

and just as powerful and as stunning as

169

00:07:24,150 --> 00:07:21,680

the aurora borealis

170

00:07:26,550 --> 00:07:24,160

and in by day time of course we get to

171

00:07:28,870 --> 00:07:26,560

see all of the beautiful places that we

172

00:07:30,550 --> 00:07:28,880

recognize on earth and and i take lots

173

00:07:31,830 --> 00:07:30,560

of photos in the daytime and at night

174

00:07:37,430 --> 00:07:31,840

time and they're both absolutely

175

00:07:41,430 --> 00:07:39,830

thank you and we have another student

176

00:07:43,830 --> 00:07:41,440

question

177

00:07:46,230 --> 00:07:43,840

hello kid my name is from mellow

178

00:07:49,510 --> 00:07:46,240

community primary school and my question

179

00:07:54,309 --> 00:07:49,520

for you is what exercises do you do to

180

00:07:59,110 --> 00:07:56,469

yes keeping fit in space is really

181

00:08:01,029 --> 00:07:59,120

important um so that we can prepare

182

00:08:03,510 --> 00:08:01,039

ourselves for coming back and living on

183

00:08:05,589 --> 00:08:03,520

earth in a one that one g environment so

184

00:08:07,830 --> 00:08:05,599

we tend to exercise for about two hours

185

00:08:09,670 --> 00:08:07,840

every day and that's a mixture of

186

00:08:11,589 --> 00:08:09,680

cardiovascular exercise so we'll either

187

00:08:13,589 --> 00:08:11,599

jump on the running machine or on the

188

00:08:15,189 --> 00:08:13,599

bike machine to get our heart rate up

189

00:08:17,510 --> 00:08:15,199

and to give our heart muscle a good

190

00:08:19,909 --> 00:08:17,520

workout and then we'll also exercise on

191

00:08:22,629 --> 00:08:19,919

a device we call a red which is uses

192

00:08:30,150 --> 00:08:22,639

vacuum cylinders to give us some weight

193

00:08:34,149 --> 00:08:32,630

tmf fai is all about setting records my

194

00:08:35,909 --> 00:08:34,159

next question is from somebody who i

195

00:08:37,509 --> 00:08:35,919

think has already set a record as the

196

00:08:39,750 --> 00:08:37,519

youngest person ever to fly in a

197

00:08:43,029 --> 00:08:39,760

vertical wind tunnel it's noah

198

00:08:44,550 --> 00:08:43,039

montgomery and he is going to be four in

199

00:08:46,949 --> 00:08:44,560

two days time so i think we're setting a

200

00:08:48,870 --> 00:08:46,959

record for an in-flight call here so

201  
00:08:51,750 --> 00:08:48,880  
noah what's your question to tim

202  
00:08:53,670 --> 00:08:51,760  
if he has a telescope

203  
00:08:55,590 --> 00:08:53,680  
so noah has asked me this question many

204  
00:09:00,710 --> 00:08:55,600  
times does tim have a telescope like the

205  
00:09:03,750 --> 00:09:02,310  
no that's a great question i think

206  
00:09:05,910 --> 00:09:03,760  
you're obviously well on the way to

207  
00:09:07,829 --> 00:09:05,920  
being a great adventurer and explorer

208  
00:09:10,389 --> 00:09:07,839  
and astronaut with uh you know with your

209  
00:09:12,870 --> 00:09:10,399  
wind tunnel achievements um in terms of

210  
00:09:15,190 --> 00:09:12,880  
a telescope in space we don't have a

211  
00:09:17,430 --> 00:09:15,200  
telescope but we do have

212  
00:09:19,590 --> 00:09:17,440  
several pairs of binoculars which are

213  
00:09:21,430 --> 00:09:19,600

stabilized so that we can use them for

214

00:09:24,389 --> 00:09:21,440

some astronomy as well as looking at the

215

00:09:27,509 --> 00:09:24,399

earth and some of our cameras have some

216

00:09:29,910 --> 00:09:27,519

really large lenses on them uh and so we

217

00:09:32,070 --> 00:09:29,920

can kind of see down to a very fine

218

00:09:33,670 --> 00:09:32,080

detail we can almost see something as

219

00:09:35,509 --> 00:09:33,680

small as your house or your garden

220

00:09:38,230 --> 00:09:35,519

through those uh through those camera

221

00:09:39,829 --> 00:09:38,240

lenses so uh no telescopes but plenty of

222

00:09:45,750 --> 00:09:39,839

optics to help us look at the stars and

223

00:09:49,829 --> 00:09:48,070

tim we've also had a question from one

224

00:09:51,509 --> 00:09:49,839

of our facebook

225

00:09:53,269 --> 00:09:51,519

facebook likers at the national space

226

00:09:55,269 --> 00:09:53,279

center website it's from declan proud

227

00:09:57,590 --> 00:09:55,279

and he wanted to know how does it feel

228

00:09:58,870 --> 00:09:57,600

to inspire so many children and adults

229

00:10:00,710 --> 00:09:58,880

getting into

230

00:10:02,790 --> 00:10:00,720

stem science technology engineering and

231

00:10:04,870 --> 00:10:02,800

math subjects with what he's called the

232

00:10:08,949 --> 00:10:04,880

tim peak effect because it's been so

233

00:10:13,590 --> 00:10:10,870

oh you know i know it's uh it's a good

234

00:10:15,590 --> 00:10:13,600

question and i set out um on this uh

235

00:10:17,509 --> 00:10:15,600

journey if you like before the mission i

236

00:10:19,670 --> 00:10:17,519

i just had an objective of wanting to

237

00:10:21,190 --> 00:10:19,680

share it as much with everybody as

238

00:10:23,670 --> 00:10:21,200

possible

239

00:10:27,030 --> 00:10:23,680

you know in the uk since helen sharman's

240

00:10:28,949 --> 00:10:27,040

flight which is almost exactly 25 years

241

00:10:30,069 --> 00:10:28,959

ago she celebrates that anniversary this

242

00:10:32,389 --> 00:10:30,079

weekend

243

00:10:33,910 --> 00:10:32,399

the uk hasn't had much to do with human

244

00:10:36,389 --> 00:10:33,920

space fight and it's a a rare

245

00:10:38,310 --> 00:10:36,399

opportunity so i wanted to try and share

246

00:10:40,470 --> 00:10:38,320

this mission as much as possible with

247

00:10:42,870 --> 00:10:40,480

everybody and to try and help inspire

248

00:10:45,829 --> 00:10:42,880

our next generation of young scientists

249

00:10:47,829 --> 00:10:45,839

and engineers that there is a real great

250

00:10:49,910 --> 00:10:47,839

benefit of getting involved in stem

251  
00:10:52,949 --> 00:10:49,920  
subjects right now that will set you up

252  
00:10:55,350 --> 00:10:52,959  
for a very exciting future and i'm just

253  
00:10:57,430 --> 00:10:55,360  
absolutely delighted that this mission

254  
00:10:59,030 --> 00:10:57,440  
seems to have had that effect and i

255  
00:11:03,670 --> 00:10:59,040  
couldn't have asked for it to go any

256  
00:11:06,710 --> 00:11:05,110  
that ties in nicely with another

257  
00:11:08,310 --> 00:11:06,720  
question we had on facebook from from

258  
00:11:10,389 --> 00:11:08,320  
kat evans you've answered the first part

259  
00:11:12,470 --> 00:11:10,399  
of her question about advice for being

260  
00:11:14,550 --> 00:11:12,480  
an astronaut but she also asked what's

261  
00:11:20,150 --> 00:11:14,560  
the hardest thing about being in space

262  
00:11:24,949 --> 00:11:22,230  
um gosh good questions the hardest thing

263  
00:11:26,790 --> 00:11:24,959

about being in space um well i think you

264

00:11:28,550 --> 00:11:26,800

know being separated from friends and

265

00:11:30,550 --> 00:11:28,560

family really from a kind of an

266

00:11:32,630 --> 00:11:30,560

emotional point of view that's obviously

267

00:11:35,030 --> 00:11:32,640

difficult being up here for long periods

268

00:11:36,870 --> 00:11:35,040

of time um from an actual sort of

269

00:11:39,190 --> 00:11:36,880

operational perspective the hardest

270

00:11:42,150 --> 00:11:39,200

thing about being in space is not losing

271

00:11:43,750 --> 00:11:42,160

stuff uh it's very easy to let go and as

272

00:11:45,990 --> 00:11:43,760

soon as you let go of something it just

273

00:11:47,590 --> 00:11:46,000

drifts away and uh and actually they can

274

00:11:48,790 --> 00:11:47,600

move fairly quickly and you look back a

275

00:11:50,629 --> 00:11:48,800

couple of minutes later and it's not

276

00:11:51,910 --> 00:11:50,639

there and you've lost it so keeping

277

00:11:54,829 --> 00:11:51,920

track of everything is probably the

278

00:11:57,430 --> 00:11:54,839

hardest thing about being in

279

00:11:59,269 --> 00:11:57,440

space i'm sorry the the second part of

280

00:12:02,230 --> 00:11:59,279

that question i knew what's the best

281

00:12:05,590 --> 00:12:02,240

thing about being in space um it has to

282

00:12:08,150 --> 00:12:05,600

be the the view of planet earth i mean i

283

00:12:09,590 --> 00:12:08,160

thought that um after maybe a month two

284

00:12:12,069 --> 00:12:09,600

months three months you would go to the

285

00:12:13,350 --> 00:12:12,079

cupola windows look down and you know

286

00:12:15,110 --> 00:12:13,360

you could you'd have kind of seen it all

287

00:12:17,030 --> 00:12:15,120

before and you'd get used to it it's

288

00:12:19,350 --> 00:12:17,040

something that i never get used to

289

00:12:21,030 --> 00:12:19,360

there's always something exciting

290

00:12:23,350 --> 00:12:21,040

something different something beautiful

291

00:12:25,590 --> 00:12:23,360

to see outside the window it's hugely

292

00:12:27,829 --> 00:12:25,600

addictive and uh the more you look at

293

00:12:33,670 --> 00:12:27,839

planet earth the more you start seeing

294

00:12:36,550 --> 00:12:35,190

tim i know we've only got about a minute

295

00:12:38,470 --> 00:12:36,560

or so left but that ties in with the

296

00:12:39,590 --> 00:12:38,480

last question from all of us which is

297

00:12:41,430 --> 00:12:39,600

really with

298

00:12:43,590 --> 00:12:41,440

five months into your mission gone and a

299

00:12:45,590 --> 00:12:43,600

month before you return to earth i mean

300

00:12:47,350 --> 00:12:45,600

what are your thoughts going into this

301

00:12:49,910 --> 00:12:47,360

final month and and how have your

302

00:12:51,750 --> 00:12:49,920

perspectives changed over the last five

303

00:12:53,990 --> 00:12:51,760

months because for us on the ground it's

304

00:12:58,710 --> 00:12:54,000

been absolutely inspirational it'd be

305

00:13:01,829 --> 00:13:00,230

yes you know i mean from an operational

306

00:13:03,430 --> 00:13:01,839

point of view we just treat every day

307

00:13:05,430 --> 00:13:03,440

the same up here you have to be very

308

00:13:06,470 --> 00:13:05,440

focused uh there's a lot of work still

309

00:13:08,069 --> 00:13:06,480

left to do

310

00:13:10,470 --> 00:13:08,079

you have to obviously always be ready

311

00:13:12,310 --> 00:13:10,480

for uh any eventualities anything any

312

00:13:14,710 --> 00:13:12,320

off nominal situations that may happen

313

00:13:16,310 --> 00:13:14,720

so i know i'm going back in four weeks

314

00:13:17,750 --> 00:13:16,320

time but i don't really think about that

315

00:13:19,990 --> 00:13:17,760

i just kind of take every day as it

316

00:13:23,110 --> 00:13:20,000

comes and focus on what the next main

317

00:13:25,590 --> 00:13:23,120

task is but over the main over the five

318

00:13:28,150 --> 00:13:25,600

months looking back on the mission um it

319

00:13:30,550 --> 00:13:28,160

has just been hugely rewarding it's been

320

00:13:32,470 --> 00:13:30,560

an incredible privilege to live and work

321

00:13:34,550 --> 00:13:32,480

on board the space station uh the

322

00:13:36,949 --> 00:13:34,560

science has been amazing the space walk

323

00:13:38,790 --> 00:13:36,959

was a real highlight uh and things like

324

00:13:41,829 --> 00:13:38,800

capturing visiting vehicles the dragon

325

00:13:43,750 --> 00:13:41,839

spacecraft as well a real highlight um

326

00:13:45,910 --> 00:13:43,760

and i think it won't really be until i

327

00:13:48,310 --> 00:13:45,920

get back to earth that i actually have

328

00:13:53,110 --> 00:13:48,320

time to reflect on just how amazing the

329

00:13:56,790 --> 00:13:54,710

well tim we're going to be celebrating

330

00:13:58,230 --> 00:13:56,800

your return to earth with a launch party

331

00:14:00,949 --> 00:13:58,240

here and i know that's going to be

332

00:14:02,870 --> 00:14:00,959

replicated across the united kingdom and

333

00:14:04,470 --> 00:14:02,880

i know that speaking to colleagues in

334

00:14:06,310 --> 00:14:04,480

many other countries that they have been

335

00:14:08,230 --> 00:14:06,320

as inspired

336

00:14:11,030 --> 00:14:08,240

as we have by your mission so i'd like

337

00:14:14,710 --> 00:14:11,040

to finish in truly british style with uh

338

00:14:20,470 --> 00:14:14,720

three cheers for tim hit it

339

00:14:20,480 --> 00:14:29,189

and a round of applause as well please

340

00:14:33,030 --> 00:14:31,430

thank you so much anu and thank you to

341

00:14:34,870 --> 00:14:33,040

everybody at the national space center

342

00:14:36,310 --> 00:14:34,880

in leicester it's been a real honor to

343

00:14:37,750 --> 00:14:36,320

be speaking to you this afternoon i've

344

00:14:42,710 --> 00:14:37,760

really enjoyed it thank you very much